



**SUPERIORLAND  
CROSS COUNTRY  
SKI CLUB**

P.O. Box 864  
Marquette, MI 49855  
superiorlandskiclub.com  
906-226-9658

## Youth Programs Registration Form

### One per skier

#### **Ski Cats \$45.00**

Ages: Beginner to intermediate Nordic skiers ages 5-10

When: Eight Sundays from 2:30-4pm on Jan. 6, 13, 20 & Feb. 3, 10, 17 & March 2, & 9

Where: Noquemanon Forestville Trailhead

Contacts: Carrie Pearson, program administrator (228-4465) & Andrew Rickauer, head coach (226-3142)

Participants receive instruction in classical technique (some freestyle offered). Instruction covers fundamental skills and maneuvers through ski games and fun activities. Jr. Noque ski race registration included in fee.

#### **Prep Team \$60.00**

Ages: Beginner to intermediate Nordic skiers ages 11-17

When: Monday and Thursday 4:30pm and Sundays at 2:30pm

Season starts when snow conditions permit and ends in March.

Where: Forestville trailhead unless notified by e-mail

Contact Person: Craig Stien 228-7002

The Prep Team works on improving both classic and skating techniques (both ski-types required) and developing endurance and fitness within an atmosphere of fun.

#### **Race Team \$350.00**

Ages: Intermediate to advanced skiers ages 13-18

When: September to March

Where: Multiple trail venues, each week day with competitions at race sites throughout the Midwest. Jr. Noque registration included

Contact: Matt Weier at [www.mattweier@charter.net](mailto:www.mattweier@charter.net)

Superiorland Ski Club membership required for all ski programs. **Single \$25 Family \$35**

Limited rental equipment for the season is available on a first-come, first-served basis. More information will be available to participants closer to the season.

#### **Participant information:**

Participant Name \_\_\_\_\_

Parent(s) Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Participant Age \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Parent Phone \_\_\_\_\_ Email \_\_\_\_\_

Check here if financial assistance is needed

Volunteers are needed. Volunteer position information will be provided to you.

1. Circle desired program; 2. Circle desired Ski Club membership; 3. Complete participant information; 4. Sign waiver on reverse; 5. Make check to Superiorland Ski Club and mail check and this form (one per skier) to the address given above. For more youth program information, Ski Club member benefits, and photos, go to [www.superiorlandskiclub.com](http://www.superiorlandskiclub.com). (See reverse side for waiver.)

## Participation Waiver

(Must be signed and provided to Ski Club prior to participation in any program)

In consideration of myself OR my child participating in the snow ski related activities, and/or other activities, offered by **Superiorland Ski Club** I represent that I OR my child understand the nature of this activity and that I OR my child are qualified, in good health, and in proper physical condition to participate in such activity. I acknowledge on behalf of myself OR my child that if I OR my child believe event/activity conditions are unsafe, we will immediately discontinue participation in the ski club youth program.

It is fully understood that this activity involves risks of serious bodily injury, including permanent disability, paralysis and/or death, which may be caused by my OR my child's own actions or inactions, those of others participating in the youth programs, the conditions in which the youth program takes place, or the negligence of the "releasees" named below, that there may be other risks either not known to me OR my child, or not readily foreseeable at this time: and I OR my child fully accept and assume all such risks and all responsibility for losses, costs, and damages I OR my child might incur as a result of my OR my child's participation in the Superiorland Ski Club youth programs.

I hereby release, discharge and covenant not to sue **Superiorland Ski Club, Marquette MI**, its respective administrators, directors, agents, officers, volunteers, and employees, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the youth program takes place (each considered one of the "Releasees" herein), and release and discharge them from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, that I, or anyone on my behalf OR on behalf of my child, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage or cost which may incur as the result of such claim.

I have read this **RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT**, and understand that I have given up substantial rights by signing it freely and without any inducement or assurance of any nature, and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law, and agree that if any portion of this agreement/release agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

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Date	Printed Name	Parent/Guardian Signature	Participant Signature
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*Superiorland Cross Country Ski Club*  
*Fun • Fitness • Friendship*