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OF MARQUETTE PC

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Q107-WMQT
RADIO



Superiorland Ski Club
PO Box 864
Marquette, MI 49855

teams!

Create a team with five or more members - family, business, schools, churches, friends - whatever! Team with the most members gets \$100.* Team with the 5 fastest times get \$100!* (*\$100 in cash or prizes valued at \$100.)

1k Youth Run, 5k, & Half Marathon courses wind through rugged single track trails with stunning backdrops of pristine Lake Superior & the majestic Huron Mountains.

For more information & online registration go to www.superiorlandskiclub.com



Lake Superior Shore Run
to benefit the Superiorland Ski Club Youth Programs

October 1, 2011
at Little Presque Isle ★ Marquette, Michigan



Lake SUPERIOR SHORE RUN

to benefit the Superiorland Ski Club Youth Programs

OCTOBER 1, 2011

LOCATION:

Marquette, Michigan "Home of the US Olympic Education Center." Three hours from Green Bay & the Mackinac Bridge, five hours from Milwaukee, WI & Duluth, MN.

RACE START:

Half Marathon at 10am, 10:05 5k Saturday Oct. 1, 2011. Runners expected to take longer than 2 hrs. and 30 min. are required to start at 9:30am; check-in is required. 1k Youth Run will start at 12:00pm.

AGE DIVISIONS:

HALF MARATHON: male & female 18 and under, 19-29, 30-39, 40-49, 50-59, 60+

5k: male & female under 10, 11-12, 13-14, 15-16, 17-18, 19-29, 30-39, 40-49, 50-59, 60+

1k YOUTH RUN: 5 & under, 6-7, 8-9 10-11, 12-13 Participation awards for all!

RACE RESULTS:

Available online at www.superiorlandskiclub.com

AWARDS:

Many door prizes. Special thank you to Norway Springs Water, Super One Foods, & Econo Foods for their donations.

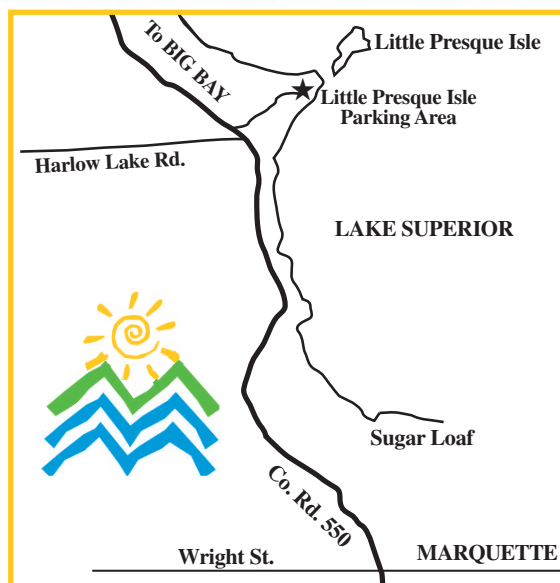
HALF MARATHON: Overall top 3 males & females will receive merchandise awards.

2 pair of trail running shoes, will be given away in a random drawing. Must be present to win.

5k: Merchandise to first place male & female, Keweenaw Jam given to age group winners. *NOTE: The elementary or middle school with the most participants in the 5k & 1k will receive special recognition.*

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SHORE RUN COURSE: Beginning at Little Presque Isle, the half marathon course runs for 1.5 miles along Lake Superior beaches and then passes pristine Harlow Lake. From there it gently winds up 300' of elevation to views of the Huron Mountain Range from the top of Bareback Ridge. The course then winds back down to Lake Superior for a 1.5 mile stretch of rugged running from Wetmore Landing back to the finish at Little Presque Isle. Four aid stations will be spaced evenly on the course. *Some sections of the half marathon course are extreme.*

TO REGISTER:

Mail entry form to the Superiorland Ski Club, PO Box 864, Marquette, MI 49855 or Register online at: www.superiorlandskiclub.com

MAKE CHECKS PAYABLE TO SUPERIORLAND CROSS COUNTRY SKI CLUB

FRIDAY, SEPTEMBER 30th

4pm-8pm Packet Pickup & Registration

SPORTS RACK LTD

315 W. Washington St. • Marquette

ENTRY FORM

ENTRIES ARE NON-REFUNDABLE & NON-TRANSFERABLE. ALL PARTICIPANTS MUST SIGN WAIVER AT PACKET PICK-UP.

Race Fees:	Race:	Postmarked:	Check	Event:
\$35	Half Marathon	Thru Sept. 23	<input type="checkbox"/>	
\$40	Half Marathon	After Sept. 23	<input type="checkbox"/>	
\$15, Student	5k	Thru Sept. 23	<input type="checkbox"/>	
\$20, Student	5k	After Sept. 23	<input type="checkbox"/>	
\$20, Adult	5k	Before Sept. 23	<input type="checkbox"/>	
\$25, Adult	5k	After Sept. 23	<input type="checkbox"/>	

Free	1k Youth Run	Sept. 26	<input type="checkbox"/>	
\$60	Family Rate*	3 or more family members living in the same household. Available only thru Sept. 23	<input type="checkbox"/>	

*Each family member must complete a separate entry form & mail together. Early entries only.

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Name: _____

Male Female Age on 9/20/2011 _____

Team Name: _____

Address: _____ City: _____

State/Zip: _____

Phone: _____

Email: _____

Emergency Contact: _____

Phone: _____

5k or Youth Run participant's school or organization: _____



Pre-registered athletes will receive a performance fabric t-shirt. Circle t-shirt size: Small Medium Large XLarge • T-shirts for Half Marathon & 5k only
T-shirt guaranteed if registration is received before Sept. 23. Race day registration will be accepted on site up to 9:30am.